Common Ground Therapy is..

..a means for therapists to be equal owners and directors of their workplace

..a means for self-employed therapists to work as a consortium, sharing the costs of marketing for therapy referrals

..a therapy centre and a group practice where self-employed therapists share the costs of renting rooms affordably

..a means for individual therapists to collectively provide mutual care, support, reflective practice and supervision to one another

..a means for therapists to enjoy self-determination and creativity; to grow together and develop entrepreneurial and governance skills

..an emotional hub where local communities can access more affordable, inviting therapeutic supports

..a means of building economic justice, long-term local-community wealth and investment in the solidarity economy

..therapy work without isolation, bosses, managers, exploitation or [extraction](https://www.youtube.com/watch?v=1r4boTcu3Zg)

..therapy work with solidarity, transparency and [democracy](https://geo.coop/story/why-worker-co-ops): where every voice belongs and is heard every time; and where each decision is made with consent

..an independent, autonomous, Worker Cooperative enterprise, federated with Cooperatives UK and registered with [Workers.Coop](http://Workers.Coop/)

..involved in mutually supporting the creation of other Therapy Worker Cooperatives [nationally](https://www.openingsbath.org.uk/) and [internationally](https://www.therapistworkercoops.info/)

Common Ground Therapy is..

..legally incorporating as a not-for-profit social enterprise

..launching its [website](http://therapy.coop/) this year

..opening its premises in south east London next year